

Experience Sampling Form

1. Are you engaging in a school-related activity?

- Yes
- No (terminate questionnaire)

2 a) Using the scale below, indicate how TIRED or ENERGETIC you feel.

Tired Energetic

2 b) Using the scale below, indicate how DISTRACTED or FOCUSED you feel.

Distracted Focused

2 c) Using the scale below, indicate how IRRITABLE or CHEERFUL you feel.

Irritable Cheerful

2 d) Using the scale below, indicate how DETACHED or INVOLVED you feel.

Detached Involved

2 e) Using the scale below, indicate how BORED or EXCITED you feel.

Bored Excited

3. Where are you?

- My Office
- Main Office
- Classroom
- Conference Room
- Hallway
- Another On Site Location
- District Office
- Another Off Site Location

4. What are you doing? (select one)

- ADMINISTRATION
 - managing BUDGET, RESOURCES
 - managing PERSONNEL
 - managing SCHEDULES
 - managing CAMPUS
 - managing STUDENTS
 - engaging in SCHOOL IMPROVEMENT PLANNING
 - Other

- INSTRUCTION and CURRICULUM
 - teaching, providing INSTRUCTION to student(s)
 - reviewing STUDENT CLASSROOM WORK
 - reviewing LESSON PLANS
 - reviewing TEXTBOOKS, or other INSTRUCTIONAL MATERIALS
 - planning CURRICULA
 - discussing TEACHING PRACTICES or CURRICULA
 - observing classroom INSTRUCTION
 - modeling a LESSON
 - planning, or implementing PROFESSIONAL DEVELOPMENT
 - reviewing DATA
 - preparing or implementing STANDARDIZED TESTS
 - Other

If you selected INSTRUCTION and CURRICULUM, what is your **primary** intention? (select one)

- Increase my knowledge of teaching and learning in this school
- Monitor curricular implementation
- Monitor instructional practice for consistency with school policy
- Develop or communicate school-wide goals for teaching and learning
- Motivate teachers or students
- Develop teacher's capacity (e.g., knowledge and skill)
- Develop or revise school wide instructional policy
- Redesign how teaching and learning are carried out in the school
- Other

- OWN PROFESSIONAL GROWTH
 - Participating in a formal PROFESSIONAL DEVELOPMENT session
 - Working with PROFESSIONAL DEVELOPMENT materials
 - Receiving COACHING or TRAINING
 - Learning about EFFECTIVE LEADERSHIP, TEACHING, or LEARNING from books, journals, reports, or case studies
 - Other

- FOSTERING RELATIONSHIPS
 - Interacting SOCIALLY

- Other

5. Are you leading this activity? (select all that apply)

- No
- Yes

If yes, indicate who is co-leading this activity with you. (select all that apply)

- Working Alone
- Student(s)
- Teacher Leader(s) (e.g., coaches, facilitators, master/mentor teachers)
- Regular Classroom Teacher(s)
- Principal(s) (assistant principal, vice principal, or other school principals)
- Subject Area Specialist
- Other Professional Staff (e.g., guidance counselor, social worker)
- Non-Teaching Staff (e.g., administrative staff, custodian)
- District Staff (e.g., central office, district staff, professional developer, superintendent)
- Parent(s)
- Community Members (e.g., corporation or foundation rep, LSC member)
- Other

If no, indicate who is leading this activity. (select all that apply)

- Working Alone
- Student(s)
- Teacher Leader(s) (e.g., coaches, facilitators, master/mentor teachers)
- Regular Classroom Teacher(s)
- Principal(s) (assistant principal, vice principal, or other school principals)
- Subject Area Specialist
- Other Professional Staff (e.g., guidance counselor, social worker)
- Non-Teaching Staff (e.g., administrative staff, custodian)
- District Staff (e.g., central office, district staff, professional developer, superintendent)
- Parent(s)
- Community Members (e.g., corporation or foundation rep, LSC member)
- Other

6. Who is the intended audience for this task? (select all that apply)

- No One
- Student(s)
- Teacher Leader(s) (e.g., coaches, facilitators, master/mentor teachers)
- Regular Classroom Teacher(s)

- Principal(s) (assistant principal, vice principal, or other school principals)
- Subject Area Specialist
- Other Professional Staff (e.g., guidance counselor, social worker)
- Non-Teaching Staff (e.g., administrative staff, custodian)
- District Staff (e.g., central office, district staff, professional developer, superintendent)
- Parents
- Other Community Members (e.g., corporation or foundation rep, LSC member(s))
- Other

7. What subject is this for? (select one)

- Not Subject Specific
- Multiple Subjects
- Math
- English/ Language Arts
- Reading
- Writing
- Science
- Social Studies
- Another Academic Subject

8. How are you doing this? (select one)

- Face-to-Face Interaction
 - One on one
 - 2 to 5 people
 - 6 to 10 people
 - 11 or more people
- Paperwork and books
- Phone
- Looking or Observing
- Electronic Media (e.g., email, internet)
- Other

9. What is the duration of this activity from start to anticipated finish?

- 1 minute or less
- 1 to 15 minutes
- 15 to 30 minutes
- 30 to 45 minutes
- 45 minutes to 1 hour
- greater than 1 hour

10. On the scale below, indicate how CONFIDENT you feel in performing this task.

Not Very

Thank you for Completing this Questionnaire.